

## Lemon Catnip *Nepeta cataria* ssp. *citriodora* 'Lemony'

It has a perceptible hint of lemon, What a wonderful way to sip tea before bedtime to help you sleep! Use dried or fresh to bring pleasure to your feline friends. Excellent as a

companion plant, deterring aphids and several types of beetles. Leaves can be picked anytime the cat wants them! Use fresh or dry.



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***Melissa officinalis* or Lemon Balm** is an upright perennial herb native to Southern Europe and North Africa. Opposite leaves will reach 1-3 inches (2.5-7.5 cm) long and are broadly ovate with a lemon scent when they are brushed against. The plant will reach 2 feet (60 cm) tall with an equal spread.



*Melissa officinalis* do best in full sun, but will survive in shade situations. The plants like a moist, well drained soil.







### Spearmint *Mentha spicata* L.

Moist areas, fields, marshes, lakeshores Blooming period: July to October The spearmint plant grows one to three feet (30 to 90 cm) in height. The oval or lance-shaped leaves are tooth-edged and about 1 to 2 1/2 inches (2.5 to 6.4 cm) long. Tiny pink or purple blossoms are borne on slender, floppy spikes on top of the plant's stems.



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Peppermint (***Mentha × piperita***, also known as *M. balsamea* Willd.) is a hybrid mint, a cross between watermint and spearmint.





**Chocolate Mint (*Mentha piperita* cv.)** neither smells nor tastes like chocolate, but rather it is reminiscent of an Andes after-dinner chocolate Mint. Thus, the suggestion of Chocolate is there and is strong



enough to make us love it.





**Orange mint *Mentha x piperita* x citrate** Full Sun Pink blooms.  
 Orange mint is easy to grow. It will tend to spread, planting it in a pot is ok. Orange mint is perfumed with Bergamot overtones, and is sometimes called Bergamot mint. It is valued for its unique, citrusy aroma and flavor. It makes a wonderful addition to iced tea, fruit desserts, and potpourris. Round leaves with bronze touches. roundish leaves that are dark green with purple and orange tinges. When the leaves are crushed or bruised they release a slight citrus smell. The leaves can be harvested



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English Mint  
 English mint (*Mentha spicata*)

